

# Queensland Race Walking Club Inc.

ABN 59 065 512 712

*Building on a fine tradition of race walking, 71 years in the making.*



April 9<sup>th</sup> 2026

## Let the Road Walk Season Begin

The QRWC Winter Road Walk season kicks off in earnest this Sunday with the first Handicap Meet of the season and the chance to score points for send of season trophies .

### **Handicap #1 Sunday April 12<sup>th</sup>**

**Aurora Boulevard Park, Expedition Drive, North Lakes**

8.00am A Grade 10km

8.15am E Grade 1km

F Grade .5km

8.30am B Grade 5km

8.45am C Grade 3km

D Grade 2km

### **Entries for Members & Visitors Now Open**

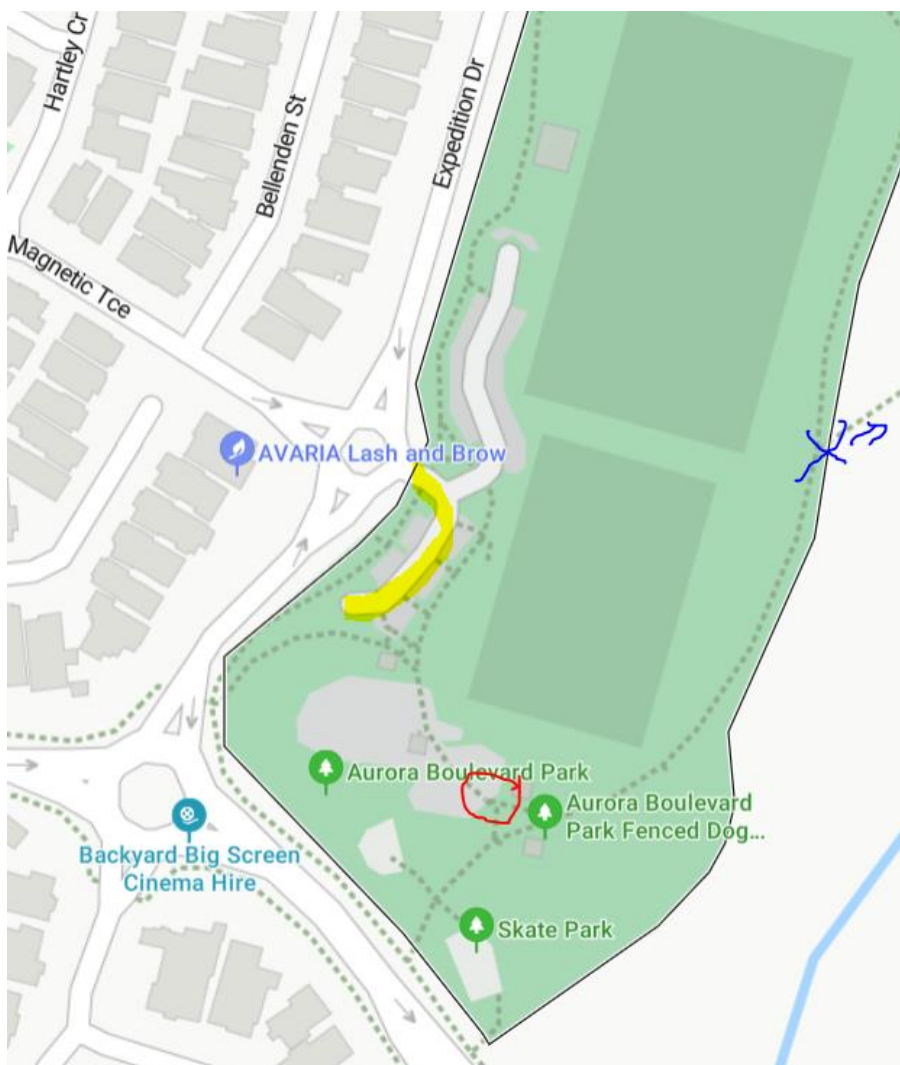
**[QRWC Handicap #1 Sunday April 12th - Old Race Walking Club - revolutioniseSPORT](#)**

**Race Fees Members \$5**

**Visitors \$10**

### **Get ready for Sunday**

- Get you entry in online before midday Saturday (Members & Visitors)
- Determine the most suitable Grade to compete in during the season ( discuss with your coach or family )
- Plan your journey (if travelling across the city please be aware of bridge and road closures due to the Tour De Brisbane) especially if you have never been to the North Lakes venue previously.
- Give yourself plenty of time to familiarise yourself with the course and have a good warm up.
- If you are entering on the day please arrive 40 minutes before the start of your race.
- Existing Members don't forget wear your Race Numbers.
- New Members pick up your Race Numbers from the Check In desk (all entrants must be wearing race numbers back & front)
- Be on the start line at least 10 minutes before the scheduled start time of your race.
- Volunteer to lap score or time keep
- Race hard & have fun.



**Aurora Boulevard Park, Expedition Drive, North Lakes**

Car Park – off Expedition Drive in **Yellow**

Check In table in **Red**

Race Start /Finish in **Blue**

### **QRWC Handicap Meets and Points**

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season.

**Handicap points** are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points

**Starting points** are awarded for starting the event.

**Completed points** are awarded for finishing the race distance.

**The Best Season Performance.** To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

***To maximise your points for the season it is recommended that an athlete stays in the same grade for the season. An athlete is permitted to change grades once in a season without losing points but you must notify the Secretary of your intentions beforehand.***

An athlete must compete in at least 5 designated Handicap races during the season to be eligible for end of season handicap points awards.

## **Minutes from the AGM March 29<sup>th</sup> Kalinga Park, Clayfield**

### **PRESIDENT'S REPORT**

P. Bennett stressed the value of our members input and interest in the running of the Club, following with an outline of our successful programme in 2025, including the Coaching Seminar and also the Judging Seminar as well as various highlights in our more usual Club events. He explained the manner in which the remainder of the unspent grants had now been acquitted, but regretted that at present there were no other suitable grants, expect for one Federal one for which he was in the process of applying.

Received S. Pearson/R. Wales

### **SECRETARY'S REPORT**

N. McKinven welcomed those attending the meeting and pointed out the desirability of having more members for the club, thus adding to the competition in our sport. She also spoke of her attendance along with R. Wales and Bradley, at the Women in Sport Conference. The funds for this were part of the grant acquittal.

In conclusion she thanked all for help and for friendship and wished all a happy Easter.

Received. P. Bennett/R. Wales.

### **TREASURER'S REPORT ON THE CLUB'S FINANCES**

N. McKinven, in her position also as Acting Treasurer, explained the Trial Balance and the Balance Sheet and the necessary lessening of the resulting Deficit by the amount of acquitted Grant money. The final result then showed a Surplus for 2025 of \$2,587.57 an improvement over that of 2024.

Received P. Bennett/B. Gannon.

A. Bradley then declared all positions vacant.

**ELECTION:** As there had been no more than one nomination received for any one, position, there was no necessity for an election. Under the Constitution the Club may have 1 – 6 Committee members and S. Pearson was appointed to make up the full number.

Following this P. Bennett, as President, resumed the chair and the meeting and positions were filled as follows -

**President** P. Bennett

**Vice President** B. Gannon

**Secretary** N. McKinven.

**Treasurer** N. McKinven

**Committee Members:** S. Pearson, I. Jimenez, S. Dale, J. Dale, R. Wales, A. Bradley

**Patron .** S. Perkins

**Newsletter Editor:** P. Bennett

**Registrar** will again be S. Dale, who will also handle uniform sales and payments made on Square.

**Equipment Officer:** Other than any equipment at S. McCure's, the rest will remain as it is at present i.e. mainly at I. Jimenez's and N. McKinven's.

**Canteen:** R. Wales & J. Dale have agreed to oversee this and will call on members as required.

**Handicap Points:** A. Guevara **TBC**

**Web Master:** A. Wearne

**Publicity,/Media:** P. Chadwick and C. Chadwick

**Results:** N. McKinven, R. Wales and Media persons.

**Club Captains:**

**Male Captain**

Alex Bradley

**Female Captain**

Phoebe Chadwick

The President asked that a stocktake of equipment be carried out in the near future. There being no further AGM business, this meeting closed at 9.38am.

## THIS WEEK

### World Athletics Race Walking Team Championships Brasilia, Brazil 12 April 2026

#### Australian Team

**Under 20 Women's 10km Race Walk** – Sophie Polkinghorne (NSW), Matilda Webb (NSW), Zoe Woods (NSW)

**Women's Half Marathon Race Walk** – Rebecca Henderson (VIC), Elizebeth McMillen (NSW), Allannah Pitcher (NSW), Olivia Sandery (SA)

**Under 20 Men's 10km Race Walk** – Isaac Beacroft (NSW), John Ronan (WA), Owen Toyne (ACT)

**Men's Half Marathon Race Walk** – Rhydian Cowley (VIC), Timothy Fraser (ACT), Will Thompson (VIC), Declan Tingay (WA), Kyle Swan (VIC)

**Men's Marathon Race Walk** – Mitchell Baker (ACT), Carl Gibbons (NSW)

The **Caixa World Athletics Race Walking Team Championships Brasília 26**, will feature 333 athletes from 40 countries competing in the Brazilian capital on 12 April.

The competition will feature 114 women and 140 men competing in the new standard senior race walking distances – half marathon and marathon – for the first time at a World Athletics Series event. Meanwhile, 39 women and 40 men will compete in the U20 races over 10km.

The men's half marathon entries are led by world 20km champion Caio Bonfim, who headlines the host nation's team. Competing on home roads in Brasília, he will take on Canada's world 35km champion Evan Dunfee and two-time world champion Toshikazu Yamanishi of Japan, as well as the top three from the 20km at the last edition of these championships – Sweden's multiple world medallist Perseus Karlström, Spain's world bronze medallist Paul McGrath and his compatriot Diego García Carrera.

The men's marathon field is also packed with global medallists. Italy's 2021 Olympic 20km champion and 35km world record-holder Massimo Stano lines up alongside Japan's world 35km bronze medallist Hayato Katsuki and multiple German record-holder Christopher Linke.

In the women's half marathon, Peru's 2022 double world champion Kimberly García leads the entries. She will face Poland's Katarzyna Zdzieblo, who claimed world silver at both distances behind Garcia in 2022, and Spanish champion Antia Chamosa.

The women's marathon features Ecuador's world 35km bronze medallist Paula Torres, Italy's 2019 world bronze medallist Eleonora Giorgi and Brazil's South American 20km champion Viviane Lyra, another one of the host nation's medal hopes.

Two athletes – Venezuela's Pedro Marquez Pereira and Italy's Nicole Colombi – have been entered in both senior events and will decide closer to the time which distance to contest.

The championships will be held in the Brazilian capital, marking the first time the event has taken place in South America and the Southern Hemisphere.

## NEXT WEEK

### 2026 National Junior Athletics Championships QSAC Brisbane

#### April 13 – 14 Australian Little Athletics Championships

##### Draft walks programmer

##### Monday 13<sup>th</sup> April

9.30am Girls U13 1500m Walk

9.50am Boys U13 1500m Walk

11.10am Girls U12 1500m Walk

11.30am Boys U12 1500m Walk

## **April 15 – 20: Australian Athletics Junior Championships**

### **Thursday 16<sup>th</sup> April**

10.00am 3000m Race Walk U14 Men  
10.00am 3000m Race Walk U14 Women  
5.25pm 5000m Race Walk U17 Women  
5.25pm 5000m Race Walk U18 Women

### **Friday 17<sup>th</sup> April**

11.15am 5000m Race Walk U17 Men  
11.15am 5000m Race Walk U18 Men

### **Monday 20<sup>th</sup> April**

10.55am 3000m Race Walk U15 Women  
10.55am 3000m Race Walk U16 Women  
11.45am 3000m Race Walk U15 Men  
11.45am 3000m Race Walk U16 Men

## **Entrants**

### **3000m Race Walk Men U14**

1 Hugo SICILIANO NSW  
2 Nate APPEYARD NSW  
3 Liam MEALE NSW  
4 William PRATT NSW  
5 Joshua WADDINGTON NSW  
6 Tayte MOORE WA

#### **7 Leo HYDE QLD**

8 Charlie WRIGHT VIC  
9 Ethan LALLY NSW

### **3000m Race Walk Women U14**

#### **1 Taylor CHAPMAN QLD**

2 Avia LUKETIC NSW  
3 Kate HAMLIN SA  
4 Willow WHEELER WA  
5 Gabriella JOHN WA

#### **6 Violet CONWAY QLD**

7 Pippa READ VIC  
8 Felicity RUDD NSW  
9 Ella HARRIS VIC  
10 Makenzie SILLITTO WA  
11 Hannah CLAUSNITZER WA  
12 Indigo MARSHALL-MOODIE VIC  
13 Isla BANKS NSW  
14 Clare RICE ACT  
15 Kira EKERS NSW

#### **16 Amelia CHISHOLM QLD**

### **5000m Race Walk Under 17 and Under 18 Women**

1 Sierra THOMPSON U17 WA

#### **2 Eliza KELLY U17 QLD**

3 Jillian RYAN U17 ACT  
4 Matilda RECH U17 SA  
5 Matilda READ U17 VIC

#### **6 Bethany MOORE-KIRKLAND U17 QLD**

7 Ashleigh FARRUGIA U17 NSW  
8 Lily LAMBERT U17 VIC

- 9 Lexie BEACROFT U17 NSW
- 10 Jessica CLELLAND U17 SA
- 11 Trinity DOULIS U17 WA
- 12 Eva PARKER U17 TAS
- 13 Emma HEARNDEN U18 NSW
- 14 Matilda WEBB U18 NSW
- 15 Ela UZUN U18 VIC
- 16 Jessica LORING U18 NSW
- 17 Nikki HEARNDEN U18 NSW
- 18 Olivia BOULTON U18 QLD
- 19 Aangi SHAH U18 VIC
- 20 Maisie MITCHELL U18 NSW
- 21 Chelsey IRELAND U18 WA
- 22 Katica BORSIC U18 WA
- 23 Caetlin ASHBY U18 NSW

**5000m Race Walk Under 17 and Under 18 Men**

- 1 Noah COOKE U17 QLD
- 2 Rhys CHANDLER U17 NSW
- 3 Koby IRVINE U17 QLD
- 4 Keenan MUNRO U17 WA
- 5 Christopher NILON U18 NSW
- 6 Callum MARTIN U18 NSW
- 7 Liam FREUNDT U18 SA
- 8 Angus SHUTTLEWORTH U18 VIC

**3000m Race Walk Under 15 and Under 16 Women**

- 1 Isabella WELCH U15 QLD
- 2 Molly MILLER U15 NSW
- 3 Ivy MURRAY U15 NSW
- 4 Scarlett NUNN U15 WA
- 5 Audrey RUSSELL U15 NSW
- 6 Charlotte DON U15 QLD
- 7 Violetta BOYD U15 QLD
- 8 Addison FRENKEN U15 VIC
- 9 Liliana TEMPLER U15 SA
- 10 Darcy Jean BRAMWELL-KEYS U15 WA
- 11 Bethany FRANZKE U15 VIC
- 12 Adele WOODWARD U15 TAS
- 13 Ashleigh MANSELL U15 NSW
- 14 Addison ROOTS U16 WA
- 15 Grace DELANDER U16 NSW
- 16 Lani EML01 U16 QLD
- 17 Miarose EVERSON U16 NSW
- 18 Nikki HEARNDEN U16 NSW
- 19 Tory D'ALESSIO U16 WA
- 20 Mya MCCLURE U16 VIC
- 21 Havana ALI U16 VIC
- 22 Mackenzie BANDIDT U16 QLD
- 23 Harper CASSIDY U16 VIC

**3000m Race Walk Under 15 and Under 16 Men**

- 1 Tate MCQUEEN U15 VIC
- 2 Leo RAMSAY U15 QLD
- 3 Alexander DENNETT U15 NSW
- 4 Mathias HUTCHENS U15 NSW
- 5 Julian CIANO U15 NSW

6 Tom MURPHY U15 WA  
7 Lincoln MOORE U15 NSW  
8 Sebastian RYAN U15 ACT  
9 Vinal LIYANAGE U15 NSW  
10 Charlton MAXWELL U15 NSW  
11 Tyler COUSINS U16 NSW  
12 Sagan JONES U16 NSW  
**13 Cory LOCKWOOD U16 QLD**  
14 Mitchell MCCARTHY U16 NSW  
15 Angus SHUTTLEWORTH U16 VIC  
16 Michael MATHISON U16 NSW  
17 Callum MARTIN U16 NSW  
18 Anantpreet Singh SIDHU U16 SA  
**19 Lachlan MOORE U16 QLD**  
20 Patrick WADDINGTON U16 NSW  
21 Noah VELLA U16 NSW  
22 Tate JARDINE U16 VIC  
23 Lewis MCLENNAN U16 VIC

## Local Sporting Champions Grants

**Applications for Round 4 2025/26 will close on 30 April 2026**

Grants for competitors, coaches and officials aged 12-18 participating in state, national and international championships.

The Local Sporting Champions (LSC) program provides financial assistance for coaches, officials and competitors aged 12-18 participating in state, national or international championships.

If successful, applicants will receive \$500-\$750 towards the cost of attending their championships.

- Base Grant: **\$500**
- Applicants travelling 800km - 1999km to their nominated championships: + **\$100**
- Applicants travelling internationally or greater than 2000km to their nominated championships: + **\$200**
- Applicants residing in a rural electorate: + **\$50**

[Local Sporting Champions Round 4 - 2025/26 - Australian Sports Commission](#)



## 2026 WMA Outdoor Championships

Date: August 22- September 3, 2026

Venue: Daegu Stadium, Daegu S.K.

**Entries close 23rd June**

### Walk Schedule

August 22<sup>nd</sup> 10km Road Walk

August 29<sup>th</sup> 20km Road Walk

September 2<sup>nd</sup> 5,000 metre Track Walk



**Road Walks Course Daegu**

## **The AA National Coaching Conference & Women in Coaching & Leadership Day**

brings together coaches from across Australia and around the world to connect, learn, and lead the future of athlete development in athletics.

**Hosted at the University of Queensland in Brisbane from Friday 9 to Sunday 11 October 2026**, this three-day conference will explore what it means to be future-ready as we build toward the Brisbane 2032 Olympic and Paralympic Games.

The conference will feature leading experts from Australia, Oceania, and internationally, alongside strong opportunities for connection and collaboration through structured networking sessions. The conference centres on equipping coaches with the tools, knowledge, and network needed to evolve training environments, athlete support systems, and performance practice. From community participation through to high performance, the program will deliver practical, real-world insights where technical mastery meets innovation and impact.

**Dates:** 9–11 October 2026

**Location:** University of Queensland, Brisbane

### **Registration Fees**

**Early Bird:** (closes 1 June 2026):

2-Day Pass: \$300

3-Day Pass (AANCC + Women in Coaching & Leadership Day): \$300

### **Standard:**

2-Day Pass: \$350

1-Day Pass: \$250

3-Day Pass (AANCC + Women in Coaching & Leadership Day): \$400

Women in Coaching & Leadership Day Only: \$100

**Register Here**

[National Coaching Conference and Women in Coaching and Leadership Day - Australian Athletics - revolutioniseSPORT](#)

### **Keynote Speaker JOANNA HAYES**

Hayes is an Olympic gold medallist (Athens 2004, 100m hurdles) who has successfully transitioned into coaching, developing multiple Olympians and World Championship

medallists including Rai Benjamin, Jasmine Jones, and Sydney McLaughlin. Named USA Track & Field Coach of the Year in 2024 and currently Director of Track & Field/Cross Country at UCLA, Hayes brings rare insight as someone who has excelled at the highest level both as an athlete and coach, building high-performance cultures with an athlete-centred approach.

## LBG Walking Carnival 2026

Saturday 6<sup>th</sup> & Sunday 7 June 2026



The 59<sup>th</sup> LBG Carnival will be held on Saturday 6<sup>th</sup> & Sunday 7 June 2026 at Stromlo Forest Park in Canberra. All club members are entitled to compete and represent the State. No qualification standards, all ages, all abilities -U10- Masters. Individual, teams and handicap awards. Individual, team and handicap awards on offer.

### Day 1 – Saturday, 6th June 2026

Please sign up for Saturday sessions via the VRWC online entry portal.

<https://www.revolutionise.com.au/vrwc/events/345945>

#### Session 1 – Racewalking: A Practical Coaching Course for Coaches

**Time:** 9:00am – 1:00pm | **Cost:** \$50 | **Location:** AIS

*Completion is a lead-in to the Level 3 coaching course and contributes credits to the Level 3 Performance Coaching Accreditation.*

#### Session 2 – Race Walking Judging Seminar

**Time:** 2:00pm – 3:00pm | **Cost:** \$5 | **Location:** AIS

#### Session 3 – Coaching Masterclass

David Beacroft, a highly experienced and internationally successful coach from NSW, will conduct two race walking clinics

##### Clinic A – Master the Basics

**For:** Athletes aged 9+ who are new to race walking or want help with basic technique.

**Time:** 2:00pm – 2:45pm | **Cost:** \$5

##### Clinic B – Race Walking Masterclass

**For:** Experienced race walkers looking to refine their technique for high performance.

**Time:** 3:00pm – 3:45pm | **Cost:** \$15 | **Location:** AIS

### Day 2 – Sunday, 7th June 2026

#### Morning Session

- 7:30am: Events 1 & 2 (Open Men's & Women's Marathon)  
Events 3 & 4 (Open Men's & Women's Half Marathon).

# Note: 5-hour time cut-off applies.

- 11:30am: Events 5 & 6 (Under 20 Men's & Women's 10km)  
Events 7 & 8 (Masters / Fitness Men's & Women's 10km).

- 12:30pm: Presentations for Morning Events.

#### Afternoon Session

- 1:00pm: Events 9 & 10 (Under 10 Boys & Girls 1km)
- 1:15pm: Events 11 & 12 (Under 12 Boys & Girls 2km)
- 1:40pm: Events 13 & 14 (Under 14 Boys & Girls 2km)
- 1:45pm: Presentations – Under 10 (1km)
- 2:00pm: Events 15 & 16 (Under 16 Men's & Women's 3km)
- 2:10pm: Presentations – Under 12 (2km)
- 2:30pm: Events 17 & 18 (Under 18 Men's & Women's 5km)  
Events 19 & 20 (Masters / Fitness Men's & Women's 5km)

- 2:40pm: Presentations – Under 14 (2km)
- 3:00pm: Presentations – Under 16 (3km)
- 3:20pm: Events 23 & 24 (Open Men's & Women's 5km)  
Events 25 & 26 (Under 20 Men's & Women's 5km).
- # Note: 40-minute time cut-off applies.
- 4:00pm: Presentations – Under 18 (5km) & Masters/Fitness (5km)
- 4:10pm: Presentations – Open 5km & Under 20 5km

## Entries

**Entries close at 6pm on Friday 29 May 2026.** Late entries will not be accepted.

Capital Athletics athletes will enter via the CA online entry portal

<https://www.capitalathletics.au/events/list/>

All other competitors must complete an online entry via the VRWC online entry portal.

<https://www.revolutionise.com.au/vrwc/events/342804>

This applies to both race walks and fitness walks.

## Event Entry Fees

Marathon \$50

All CA championship events \$30 (Via CA portal)

RWA events \$25 Competitors may enter up to 3 events

Entry fees are non-refundable.

## Uniforms

All Race Walking Australia competitors **MUST** wear the uniform of their Club. Failure to do so may result in disqualification.

For your QRWC uniform go to [Shop - Qld Race Walking Club - revolutioniseSPORT](#)

# 2026 QRWC Winter Road Walk Season

*Walking is a simple yet powerful activity that improves heart health, strengthens muscles and bones, boosts mood, and can extend your lifespan.*

### *Rules of Race Walking*

*There are two basic rules in Race Walking: • Contact: The athlete must never have both feet off the ground at once. • Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.*

## Weekly Race Fees

**Members \$5**

**Visitors \$10**

Any membership questions please email the Registrar [qrwcregistrat@gmail.com](mailto:qrwcregistrat@gmail.com)

## COMING EVENTS

### Handicap #2 Sunday April 26<sup>th</sup>

**Logan River Parklands, Blackbird Street, Beenleigh**

8.00am A Grade 10km

8.15am E Grade 1km

F Grade .5km

8.30am B Grade 5km

8.45am C Grade 3km

D Grade 2km

### Handicap #3 Sunday May 3<sup>rd</sup>

**John Walker Place, Brisbane Corso, Yeronga**

8.00am A Grade 10km

8.15am E Grade 1.5km

F Grade 1km  
8.30am B Grade 5km  
8.45am C Grade 3km  
D Grade 2km

### **18th Annual Gold Coast Road Walk Championships**

#### **Sunday May 31st Mudgeeraba**

8.00am Open M/W 10km  
8.05am U10 M/W 1km  
U8 M/W 0.5km  
8.15am U20 M/W 5km  
U18 M/W 5km  
Invitational M/W 5km (non-championship event)  
8.45am U16 M/W 3km  
U14 M/W 2km  
U12 M/W 2km

### **Queensland Athletics Road Walk Championships**

#### **Sunday July 12<sup>th</sup>**

#### **Brisbane International Cycle Park, Murarrie Recreation Reserve**

7.00am Half Marathon Open Men  
Open Women  
Masters Men ( 30-59)  
8.00am 10km U20 Men  
U20 Women  
Masters Women  
Masters Men ( 60+)  
9.00am 5km U18 Men  
U18 Women  
U 16 Men  
U16 Women  
9.30am 3km U14 Men  
U14 Women  
10.00am 2km U12 Girls  
U12 Boys  
10.15am 1km U10 Girls  
U10 Boys

### **2026 QA All Schools Road Walk Championships**

#### **Sunday July 26<sup>th</sup>**

Under 20 10km Race Walk - Men / Women  
Under 18 5km Race Walk - Men / Women  
Under 16 5km Race Walk - Men / Women  
Under 14 3km Race Walk - Men / Women  
Under 12 2km Race Walk - Men / Women  
Under 10 1km Race Walk - Men / Women

#### **Proposed Venue Murarrie Recreation Ground**

### **UniSC Athletics Winter Carnival**

#### **August 2<sup>nd</sup> Sippy Downs**

##### **Event medalling age groups / distances:**

- 8 years - 700mW
- 9/10 years - 1100mW
- 11/12 years 1500mW
- 13/14 years - 1500mW

- 15/16 years - 1500mW
- U14, U16, U18,U20, OPEN, Masters - 3000mW

## **QRWC Membership**

### Membership - Qld Race Walking Club - revolutioniseSPORT

**QRWC Membership Fee \$25.00** ((club fee on top of Qld Athletics membership)

## **2026 - Queensland Race Walking Club Season Pass**

The Queensland Race Walking Club Season Pass is a convenient way to save money and not have the worry about paying race fees with your entry each week.

The Season Pass, at a cost of \$75, enables an athlete to compete in up to 16 club meets a season (10 x handicaps, Sign On Day, club road championships, club track championships, Gold Coast Championships, Postal Challenge, & relays). This Pass does not cover QA, AA, QLA or QMA Championships, Federation carnivals or any other event that is not a Queensland Race Walking Club meet.

The Pass can be purchased via [QRWC RevSport Shop](#).

#### **How it works:**

1. When you purchase a Season Pass, the Registrar will get a notification from the [QRWC RevSport Shop](#) via email.
2. The Registrar will then set up an individual discount code with the appropriate details, for each person that buys the pass.
3. An email will then be sent to the applicant with their individual discount code.
4. Once you have the code you can enter it at the check-out when you enter a race.

#### **Note:**

- The system is not automatic so please allow a day or two when you purchase a Pass to receive your discount code.
- When you enter a race, you will get to the check-out screen and it will charge you \$5, then when you enter your discount code in the field, it will reduce your race fee by 100% (i.e., \$5) so that there is a zero charge. You then will not be prompted to go to the payment screen.
- The pay as you go facility is still available to those that want to register for a race and pay their \$5 each week
- As an alternative to the Season Pass a 5 Race Pass is also now available. The 5 Race Pass costs \$25. There is no saving with this pass but it will eliminate the need to go into the separate payment screen when registering for an event. It should also help those members who have a \$10 minimum purchase with their credit card.
- Please email the Registrar ([qrwcregistrar@gmail.com](mailto:qrwcregistrar@gmail.com)) if you have any questions or concerns.
- **For the first race meet of the season please purchase your pass first and allow time to receive the code before you enter the race.** After you have the code, it is just a matter of entering the race each week and keying in the discount code.

## **DRAFT CALENDAR**

Subject to change

MONTH	DATE	EVENT	VENUE
March	<b>29</b>	<b>QRWC Sign On Day/AGM</b>	<b>Kalinga Park</b>
April	5	Easter Sunday	No competition
	<b>12</b>	<b>QRWC Handicap #1</b>	<b>North Lakes</b>

	12	WA Race Walk Team C/Ships	Brazil
	13-14	ALAA Track Championships	Brisbane
	15-20	AA Junior Track Championships	Brisbane
	22-24	UniSport Championships	Runaway Bay
	<b>26</b>	<b>QRWC Handicap #2</b>	<b>Beenleigh</b>
May	<b>3</b>	<b>QRWC Handicap #3</b>	<b>Yeronga</b>
	<b>10</b>	<b>Mother's Day</b>	<b>No club competition</b>
	<b>17</b>	<b>QRWC Handicap #4</b>	<b>TBC</b>
	19-22	Oceania Athletics Championships	Darwin
	<b>24</b>	<b>QRWC Handicap #5</b>	<b>TBC</b>
	<b>31</b>	<b>Gold Coast Road Walk C/Ships</b>	<b>Mudgeeraba</b>
June	<b>7</b>	<b>LBG Federation Meet</b>	<b>Mt Stromlo Canberra</b>
	<b>14</b>	<b>QRWC Handicap #6</b>	<b>TBC</b>
	<b>21</b>	<b>QRWC Handicap #7</b>	<b>TBA</b>
	<b>28</b>	<b>QRWC Handicap #8</b>	<b>TBA</b>
July	5	Gold Coast Marathon	Southport
	<b>12</b>	<b>QA Road Walk Championships</b>	<b>Murarrie</b>
	<b>19</b>	<b>RWA Postal Challenge/ QMA Road Walk Championships</b>	<b>Beenleigh</b>
	<b>26</b>	<b>QA All Schools Road Walk Championships/ QRWC Handicap #9</b>	<b>TBA</b>
	31	Comm Games 10km Men	Glasgow
August	1	Comm Games 10km Women	Glasgow
	<b>2</b>	<b>UniSC Athletics Winter Carnival</b>	<b>Sippy Downs</b>
	8	WA U20 Championships	Oregon USA
	9	<b>QRWC Track Championships</b>	<b>UQ St Lucia</b>
	16	<b>QRWC Handicap #</b>	<b>TBA</b>
	22- Sept 3	WMA Outdoor Championships	Daegu. South Korea
	<b>23</b>	<b>AA Junior Road Walk C/Ships</b>	<b>Ballarat</b>
September	6	Father's Day	No club competition
November	8	PPMG 10km Road Walk	Runaway Bay
December	4-6	AA All Schools Championships	Perth

## **“L” Grade for those new to racewalking**

Would you like to be a competition race walker but just not confident enough at the moment to fully put yourself out there on race day? You can now test yourself and build up your confidence during our Sunday morning winter road walk meets.

Just register as a club member and enter the distance you would like to do. It is important though that you let us know if you wish to be in “L” grade as our handicapper & race officials all need to be aware of this. Please email club Secretary & Handicapper Noela McKinven if you wish to have a go at race walking as an “L” grader at [noelarhoda@gmail.com](mailto:noelarhoda@gmail.com)

In “L” Grade the following with apply

- Receive feedback from judges and coaches
- Will not be disqualified while in “L” grade.
- Stay in “L” grade until you feel comfortable enough to enter handicap races.

- Is for all ages.
- Eligible for starting and finishing points

If you have any questions please ask. It will be important to remember to inform the Handicapper (before a race) if you no longer wish to be an “L” grade walker and want to compete in a Handicap race (for points).

### QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)



**ENTER HERE** <https://entermastersgames.com/>

#### **Road Walk -10km**

Sunday 8 November: 7:00am Luke Harrop Cycle Circuit, Runaway Bay

#### **Track & Field**

Saturday 7 November Gold Coast Performance Centre

Sunday 8 November Gold Coast Performance Centre

Monday 9 November Gold Coast Performance Centre

*A final program of events including event start times will be available after entries have closed*

#### **Games Fees**

- **\$140 Early Bird** (3 March – 31 May)
- **\$155 Saver** (1 June – 31 August)
- **\$170 Standard** (from 1 September)

#### **Sports Fees**

- **Track** \$55 Admin Fee (Includes 1 Event)  
\$25 for each additional event
- **10km Road Walk** \$30

## 2026 Oceania Athletics Championships Darwin May 2026

#### **Tuesday 19 May**

10:25am Masters Men 3,000m Race Walk

Masters Women 3,000m Race Walk

#### **Friday 22 May**

7:00am Masters Women 5000m Racewalk

Under 18 Women 5000m Racewalk

Under 20 Women 5000m Racewalk

8:00am Masters Men 5000m Racewalk

Under 18 Men 5000m Racewalk

Under 20 Men 5000m Racewalk

<https://athletics-oceania.com/oceania-athletics-area-championships/>

## Important Masters Meets in 2027

### 2027 Oceania Masters Athletics Championships



The 2027 Oceania Masters Championships will be held from Wed 27 to Sun 31 January, 2027, at Ngā Puna Wai Athletics track, Christchurch, New Zealand. Registration will open on Sun AUG 30th and close on Sun DEC 13th – no late entries will be accepted. NOTE: All fees and items will be in NZ\$

- Date: January 27 – 31, 2027
- Venue: Ngā Puna Wai Sports Hub Christchurch NZ
- Entries open in August 2026

### 2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: WA Athletic Stadium, Floreat, WA
- **Walks Course** Perry Lakes Reserve is the location for the 10km walk. The 2km circuit is a certified relatively flat, well shaded and picturesque course around one of the Lakes.

[Perth 2027 | Australian Masters Athletics Championships](#)

## 2026 World Race Walking Tour Meets

25 APR Korzeniowski Warsaw Race Walking Cup Świetokrzyska Street, Warszawa POL  
02 MAY 52nd International Race Walking Festival - Alytus'2026 Pulko Str., Alytus LTU  
08 MAY 94th Poděbrady Walking Kolonáda, Poděbrady CZE  
16 MAY 33° Grande Prémio Internacional de Rio Maior em Marcha Rio Maior POR  
23 MAY XXXIX Gran Premio Cantones de A Coruna de Marcha La Coruña ESP  
31 MAY V GPI Madrid Marcha Silbo Telecom Gran Via, Madrid ESP  
06 JUN Záhorská 20, 57th edition Borsky Mikulás SVK  
24 OCT Lusatian Race Walking Weinauparkstadion, Zittau GER  
20 DEC World Race Walking Tour St Anne's Park, Dublin IRL

## Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

**Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.**

This is not only a matter of compliance, but also a fundamental part of maintaining a safe and trusted environment for all participants. Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.

[Individuals requiring a blue card | Your rights, crime and the law | Queensland Government.](#)

*If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator [bluecardqrc@gmail.com](mailto:bluecardqrc@gmail.com)*

## **Racewalking Queensland Management Committee 2026/27**

**President:** P Bennett

**Vice President:** B Gannon

**Secretary:** N. McKinven

**Treasurer:** N. McKinven

**Committee:** S Pearson, I Jimenez, R Wales, J Dale, S Dale, A Bradley

**Patron:** S Perkins

**Registrar:** S Dale

**Handicapper:** A Guevara / N McKinven

**Uniforms:** S Dale

**Publicity / Media:** P Chadwick / C Chadwick

**Results:** R Wales / N McKinven

**Newsletter Editor:** P. Bennett

**Equipment Officer:** Ignacio Jimenez & Noela McKinven

**Canteen Convenor:** R Wales, J Dale

**Blue Card Co-ordinator:** B Gannon

**Club Captains:** Phoebe Chadwick, Alex Bradley

## **Race Walk Coaching**

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 2 Development coach

Katya Martin Level 1

### **Contact emails:**

[qrwc1@optusnet.com.au](mailto:qrwc1@optusnet.com.au) Membership, coaching or general enquiries about the club

[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

Website

[Queensland Race Walking Club](#)

**About us** *Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.